

CUPPING HEALING IN THE VIEW POINT OF EBM

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CUPPING (AL-HIJAMAH)



There are many types of cupping therapy, but eight types of cupping are commonly used in clinical practice: empty cupping, moving cupping, retained cupping, needle cupping, moxa cupping, wet cupping, herbal cupping, and water cupping.

Wet cupping, also called full or bleeding cupping, was the most favored and practiced cupping method used by the early practitioners, who particularly in Europe employed the bleeding cupping technique in order to purge foul blood, considered the source of disease, from the body.

REVIEW OF CUPPING (AL-HIJAMAH) RESEARCH FOR HERPES ZOSTER

Results :

Conclusion:

Wet cupping appears to be effective in the treatment of herpes zoster. However, further large, rigorously designed trials are warranted.

(Altern Ther Health Med. 2010;16(6):48-54.)

1.93, 95% CI 1.23 to 3.04, $P = .005$) but demonstrated no difference in symptom improvement (RR 1.00, 95% CI 0.92 to 1.08, $P = .98$). There were no serious adverse effects related to wet cupping therapy in the included trials.

Iatrogenic Bullae Following Cupping Therapy



Conclusions: Although bleeding, erythema, edema, and ecchymosis are created on purpose to achieve acu-puncture point microcirculation, complications such as burn injury and thrombocytopenia also have been reported. We report a case of cupping-related blisters as a result of changes in atmospheric pressure related to the unexpected descent of an airplane.